

## Saint David Visits the Wood Family



Hello from Joel, Elizabeth, and Charlotte!

This week flat Saint David crossed the Potomac (over the Chain Bridge) and joined us at our home in Arlington, Virginia. We had lots of fun taking David to different places all week.

Last weekend David joined us at our community garden plot to weed, water our plants, and harvest lettuce and beans. We are also growing tomatoes, potatoes, and sunflowers. All our plants are from seeds that Joel and Charlotted started back in April! We love eating healthy, especially from our own garden.

***What are your favorite veggies and fruits? Do you and your family garden?***

On Tuesday it was sooooo hot that Charlotte asked Saint David to come to the pool for some social distance swimming. It was refreshing and we all enjoyed jumping in.

***What do you like most about summer?***

At the end of the week David joined Charlotte and her dad in playing outside. They climbed trees, jumped in the sprinkler, and played in Charlotte's sandbox. David even made sand castles and a pretend "strawberry soup."

***What are your favorite things to do around your home?***

The Wood family and David think it's so important to laugh and have fun by going outside as a family and enjoying fresh air.

We had a great time with Saint David this past week and can't wait to see who he visits next!

Peace,

Joel, Elizabeth, Charlotte and Saint David

